

BELLEAYRE MOUNTAIN SNOWSPORTS SCHOOL

CERTIFICATION PLAN FOR PSIA LEVEL II PART 1

INSTRUCTOR: _____

EXAM DATE: _____

<i>SKIING TASKS</i>	SUG. TERRAIN	INST. CK.	TRAINER CK.
SHORT RADIUS TURNS IN FALL LINE – MAINTAIN SPEED CONTROL	TOP WANATUSKA	□ □ □ □	
MEDIUM RADIUS TURNS – MAINTAIN SPEED CONTROL	TOP WANATUSKA	□ □ □ □	
LANE CHANGES: FIVE TURNS, LANE CHANGE (M. RADIUS), FIVE TURNS	MID DOT NEBEL	□ □ □ □	
5 SHORT R. TURNS TO 5 MEDIUM R. TURNS TO 5 SHORT R. TURNS	ANY MID	□ □ □ □	
SHORT RADIUS TURNS: ACCELERATING OR DECELERATING	TOP ALGONQUIN	□ □ □ □	
TRAVERSE: 1) TRAVERSE FROM POINT A TO B 2) RIDE THE NATURAL SIDECUT OF THE SKI	TOP WANATUSKA	□ □ □ □ □ □ □ □	
FREE RUNS: ABILITY TO VARY TURN SHAPE , SPEED AND USE TATICAL SKILLS AS NECESSARY FOR THE CONDITIONS.	TOP TO BOTTOM ON ALGONQUIN	□ □ □ □	
<i>REFERENCE MANEUVERS</i>	LOCATION	INST. CK.	TRAINER CK.
WEDGE TURNS (WITH VARYING SPEEDS)	ROARING BROOK	□ □ □ □	
SPONTANEOUS CHRISTIES (WITH VARYING SPEEDS)	ROARING BROOK	□ □ □ □	
OPEN TRACK PARALLEL	ANY MID	□ □ □ □	
DYNAMIC PARALLEL	ANY TRAIL	□ □ □ □	
VIDEO ANALYSIS OF MANEUVERS	DATES: _____		
BUMPS: INTERMEDIATE LEVEL WITH SPEED CONTROL AND TACTICAL MANEUVERS.	BELLEAYRE MID ONTEORA MID	□ □ □ □	
<i>VERSATILITY</i>	LOCATION	INST. CK.	TRAINER CK.
FALLING LEAF	ANY MID	□ □ □ □	
ONE SKI ON EASY TERRAIN	ROARING BROOK	□ □ □ □	
SKATE DOWN FALL LINE: 10-15 SKATES	ROARING BROOK	□ □ □ □	
STEM CHRISTIES	ANY MID	□ □ □ □	
PARALLEL TURNS WITH NO POLES	DOT NEBEL	□ □ □ □	
SHORT RADIUS TURNS WITH AND WITHOUT SKIDDING	PEEKAMOOSE	□ □ □ □	
SYNCHRONIZED SKIING WITH TWO OR MORE	ANY MID	□ □ □ □	

CERTIFICATION PLAN For PSIA *Level II Part 2*

Instructor: _____

Exam Date: _____

1) LEAD A **GENERAL CLINIC**: INSTRUCTOR WILL BE ASKED TO RUN A CLINIC FOR ONE OR TWO RUNS. CLINIC CATEGORIES MAY BE GROUP IMPROVEMENT OR TEACHING SOMETHING NEW OR DIFFERENT THAT MAY CHANGE OUR SKIING. THE IDEA IS TO GET SOME EXPERIENCE IN FRONT OF YOUR PEERS THROUGH SOME FUN ACTIVITIES THAT MAY HELP US ALL.

TWO CLINICS NEEDED: DATE #1: _____ DATE #2: _____

2) LEAD SEVERAL **SKILL SPECIFIC CLINICS**: INSTRUCTOR WILL HAVE TO MAKE SPECIFIC OBSERVATIONS AND PRESCRIPTIONS FOR CHANGE IN GROUP PERFORMANCE OR IN THE OBSERVATIONS OF THE SKIING PUBLIC. SKIING MODULES WILL BE USED TO ASSESS INSTRUCTOR'S PERFORMANCE.

<u>MOVEMENT ASSESSMENT MODULE</u>	<u>TRAINER CK</u>	<u>COMMENTS</u>
A) OBSERVATIONS AND DESCRIPTIONS	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	(ADDITIONAL COMMENTS ON BACK)
B) POTENTIAL SOLUTIONS/PRESCRIPTIONS	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
C) CAUSE AND EFFECT RELATIONSHIP	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
D) EFFECTIVE FEEDBACK	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
<u>CREATIVE TEACHING MODULE</u>		
A) POWER OF TRANSFER – TEACHING STYLES LEARNING MODES (VAK)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
B) TEACHING VALIDITY OF THE TEACHING CONCEPT.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
C) GROUP HANDLING SKILLS	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
D) COMMUNICATION SKILLS – GROUP INVOLVEMENT	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
<u>TEACHING MOVEMENTS AND SKILLS MODULE</u>		
A) ATS UNDERSTANDING	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
B) COMMUNICATION SKILLS	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
C) USE OF TEACHING STYLES AND LEARNING MODES	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
D) DOES THE LEADER AND THE GROUP SEE IT, DO IT, AND UNDERSTAND IT?	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
<u>CHILDREN AND YOUTH MODULE</u>		
A) CLASS MANAGEMENT	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
B) UNDERSTANDING OF AGES AND STAGES	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
C) USE OF ACTIVITIES AND GAMES	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
D) STUDENT/PARENT/INST. RELATIONSHIP	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	