



LAKE PLACID

FIGURE SKATING CHAMPIONSHIPS

Lake Placid Figure Skating Championships
SC of Lake Placid/NYS Olympic Regional Development Authority
Olympic Center/Lake Placid, N.Y.
June 29-July 1, 2023

I. COMPETITION OVERVIEW

The Lake Placid Figure Skating Championships will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the [current rulebook](#), and/or current Compete USA handbook as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#).

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules.

Skaters must be a currently registered member of a U.S. Figure Skating member club, a collegiate club or who is an individual member in accordance with the current rulebook. For non-U.S. citizens, please refer to the [rulebook](#) for more information.

COVID-19 INFORMATION:

For the most recent U.S. Figure Skating COVID-19 policy requirements, [CLICK HERE](#). Include any relevant policy implementation details here for your attendees.

II. ELIGIBILITY

TEST LEVEL:

As of December 1, 2022, singles athletes may opt to accelerate their test progression within U.S. Figure Skating and thus compete at level(s) best suited for their technical skillset. Athletes must still meet the minimum requirements for each level and additionally, if participating within the National Qualifying Series (NQS) or National Excel Series (Excel), they will establish a **competitive floor** (i.e., the lowest level they can compete at).

The **competitive floor** is determined only by the level selected through the EMS Series Application for NQS or Excel and is not uniquely tied to competition registration (regardless of series participation).

Example, if an athlete passed their junior free skate test in November and competed in the 2022-23 NQS as a Novice from July - September, they may register for either novice or junior in excel or well-balanced events. The novice level will remain their competitive floor until they complete an EMS Series Application at the junior level or higher for NQS or Excel.

Example #2, if an athlete passed their juvenile free skate but has not competed in NQS or Excel (i.e., they have not established a competitive floor), they have the option to compete pre-preliminary – intermediate (if skate up is permitted). While the options are wide, U.S. Figure Skating entrusts the coach to guide the athlete to select the appropriate level for the athlete based on their technical skillset.

Eligibility Notes:

1. The singles free skate test levels will remain as a minimum requirement to compete.
2. Athletes may not skate down in any event.
3. This update does NOT apply to Adult, Showcase and Solo Dance.

If an athlete, coach, parent and/or guardian needs assistance with confirming their eligibility, email events@usfigureskating.org or refer to information sheet [HERE](#).

EVENTS OFFERED:

[Program requirements for the events listed below can be found here: usfigureskating.org – Skate – Compete – Program Requirements](#)

We will be using the 2023-2024 Program Requirements for the Well Balanced Short Program & Free Skate events.

NOTE: Skaters may not enter an Excel and Well-Balanced free skate events at the same competition.

Please note that event price includes a video download of each performance.

SINGLES	JUDGING	1st Event Price	2nd Event Price
Excel Free Skate (Beginner – Preliminary Plus)	6.0	\$145	\$95
Excel Free Skate (Pre-Juvenile – Senior)	IJS	\$190	\$110
Well Balanced Short Program (Intermediate – Senior)	IJS	\$190	\$110
Well Balanced Free Skate (No Test – Preliminary)	6.0	\$145	\$95
Well Balanced Free Skate (Pre-Juvenile – Senior)	IJS	\$190	\$110
PAIRS	JUDGING	1st Event Price	2nd Event Price
Short Program (Novice – Senior)	IJS	\$190	\$110
Free Skate (Juvenile – Senior)	IJS	\$190	\$110
SPECIALTY	JUDGING	1st Event Price	2nd Event Price
Compulsory Moves (No Test – Juvenile)	6.0	\$145	\$95
Excel Compulsory Moves (Excel Beg.–Excel Prelim.)	6.0	\$145	\$95

SKATESAFE® COMPLIANCE:

For full details about SkateSafe® compliance at U.S. Figure Skating competitions, refer to the U.S. Figure Skating SkateSafe® webpage: www.usfigureskating.org/skatesafe.

COACHES

To be an eligible coach at a nonqualifying competition, coaches must meet the applicable compliance requirements and verified by U.S. Figure Skating. Coach compliance falls into three categories, Coach/Choreographer, Learn to Skate USA Instructor, or Foreign Coach/Choreographer. Details regarding compliance requirements can be found [HERE](#). All compliance requirements must be met at the time of check-in to access the competition, no exceptions.

With EMS, coaches must be included within a skater/team's registration or updated through their EMS Skater Portal via "[My Coaches](#)" or "Team Personnel." All coaches declared at the time of registration will be included on the registration confirmation email. Note: There is no registration approval process within EMS as the data (membership and test level) is tied to the U.S. Figure Skating database. Non-compliant coaches will receive automated email reminders through the start of the competition.

EMS Coach Resources):

- [My Competitions](#)
- [My Skaters](#)
- [Coach Schedule](#)

MANDATORY ATHLETES

Athletes age 18+ as of the competition start date who will be competing on a team (i.e., synchro, ice dance, pairs, shadow dance, theatre, etc.) with at least one Minor Athlete must complete SafeSport™ Training. *

Minor athletes who turn 18 mid-season are encouraged to seek parental consent to take the online SafeSport™ Training early to avoid any disruptions in their ability to participate as the training is required upon turning 18. The athlete will not be SkateSafe compliant until they have completed the training and their Members Only portal reflects completion. Please email skatesafe@usfigureskating.org for instructions or questions regarding parental consent.

III. REGISTRATION INFORMATION

ONLINE REGISTRATION VIA EMS :

Online registrations will be accepted via [EMS](#). Payment must be made at the time of registration by credit card only. Each transaction includes a 3% transaction fee.

Registration Deadline: 05/31/2023 at 11:59 PM ET

Late Registration Deadline: 06/05/2023 at 11:59 PM ET + \$50 Late Fee

1. Go to www.usfsaonline.org
2. Enter your U.S. Figure Skating or if Compete USA events are offered, your Learn to Skate USA member number and password

- a. If you need assistance with your member number and password, contact Member Services at memberservices@usfigureskating.org.
3. Click EMS then "Competition Registration"
4. Choose "**Lake Placid Figure Skating Championships**" from the list of nonqualifying competitions.
 - a. If you need assistance completing your registration, contact productsupport@usfigureskating.org.

PARTNERED EVENTS:

Only one partner will complete registration for the team. During the registration process, you will be asked to identify your partner and verify their test information. **The registered partner will be responsible for managing all aspects of the competition for the team including music/PPC upload, practice ice sales, etc.**

FOREIGN SKATERS:

Non-U.S. skaters intending to register for this competition must set up a non-member account prior to registering for the competition ([click here for HOW TO](#)). This can be done by choosing the "Non-Member? Create Account" option on the [Members Only](#) login page.

TEST CREDIT:

You will be able to register for test credit through your skater portal in EMS when competition registration is available. If you need to register for test credit after the close of entries, please e-mail marye@orda.org.

Test credit paperwork will be emailed to anyone who has registered for test credit 2-3 days after the completion of the competition.

SEMINARS

On-ice seminars will be available to all competitors in juvenile-senior well-balanced events. Times will be posted on the official schedule.

MUSIC SUBMISSION/UPLOAD:

EMS MUSIC UPLOAD: Competitors participating in events with music are required to upload their music to EMS no later than **MONDAY, JUNE 19th 11:59 PM ET**. After this date, skaters will be locked out of this feature and subject to a **\$25 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

DEADLINE: MONDAY, JUNE 19th 11:59 PM ET - \$25 LATE FEE

EMS SKATER MUSIC UPLOAD HOW TO: [CLICK HERE](#)

If you need assistance, email productsupport@usfigureskating.org

Competitors must also have available a backup copy of their competition music on a cell phone and it must be immediately available rinkside whenever the skater competes. If the phone does not have the standard round headset connector, an appropriate adapter, such as an Apple Lightning connector or Samsung USB-C adapter is required to be attached. The phone should be presented to the music person with the file ready to play, phone in airplane mode and volume turned to maximum.

PLANNED PROGRAM CONTENT (PPC) SUBMISSION/UPLOAD – FOR IJS EVENTS ONLY:

Include instructions as to how attendees will provide your competition with their Planned Program Content (PPC). Include details about any online uploads including deadlines or where PPC is to be dropped off on-site. PPC Paper form, [click here](#).

EMS PLANNED PROGRAM CONTENT (PPC) – Competitors participating in IJS events are required to submit PPC in EMS no later than **MONDAY, JUNE 19th 11:59 PM ET**. After this date, skaters will be locked out of this feature in EMS and subject to a **\$25 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

DEADLINE: MONDAY, JUNE 19th 11:59 PM ET - \$25 LATE FEE

EMS PPC UPLOAD HOW TO: [CLICK HERE](#)

If you need assistance, email productsupport@usfigureskating.org

REFUND POLICY

Entry fees will not be refunded after entry deadline unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals.

LIABILITY:

U.S. Figure Skating, Learn to Skate USA, SC of Lake Placid and the NYS Olympic Regional Development Authority/Olympic Center accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

IV. COMPETITION DETAILS

FACILITIES:

Olympic Center
2634 Main Street
Lake Placid, N.Y. 12946
www.lakeplacidolympiccenter.com

1980 Rink – 85' x 200'
1932 Rink – 100' x 200'
USA Rink – 85' x 200'

Competition events may be held in the 1980 Rink or the 1932 Rink. Practice ice may be held in the 1980 Rink, 1932 Rink or USA Rink.

LOCKER ROOMS AND CHANGING AREAS:

Locker rooms and changing areas will not be available this competition. All athletes are expected to arrive at the arena ready (costumes, hair, make-up etc.). Athletes will be provided with an area to put skates on but changing will not be permitted in these spaces.

U.S. Figure Skating Travel Policy:

All travel must strictly adhere to Two-Deep Leadership requirements. An Adult Participant cannot transport a Minor Athlete one-on-one and Two-Deep Leadership requirements must be adhered to at all times during In-Program travel, by transporting at least two minors or a second Adult Participant. An Adult Participant cannot share a hotel room or other sleeping arrangement with a Minor Athlete(s). Full details of the SkateSafe Travel Policy and any exceptions can be found starting on page 12 of the [SkateSafe Handbook](#).

OFFICIAL WEBSITE & UPDATES:

Event information can be found in your EMS portal as well as on www.olympiccenterlakeplacid.com. We will also email any important updates so please make sure productsupport@usfigureskating.org is in your contacts so that our emails do not go to your junkmail. It is the responsibility of each competitor, parent and coach to check the website frequently for any schedule changes and/or additional information pertaining to the competition.

Results will only be posted online.

SCHEDULE

Competitors may be scheduled on any day or time during the announced dates of the competition. The competition and practice ice schedule will be available after the close of entries. All participants will be notified via email once available.

PRACTICE ICE:

The practice ice schedule will be available shortly after the publication of the official competition schedule. Skaters will be able to purchase practice ice at that time through open sales on EMS.

EMS (SKATER) PRACTICE ICE RESOURCES:

- **Skater:** [Open Sales](#)

ONSITE CHECK-IN:

Check-in will open on Thursday, June 28th. On-site check in hours and location will be communicated to all athletes and coaches after the competition schedule is released.

AWARDS:

Medals will be awarded for placements 1st – 3rd. An awards ceremony schedule will be emailed to participants after the competition schedule is finalized. Anyone unable to attend their scheduled awards ceremony will be able to pick up their medal at the registration desk.

VOLUNTEER INFO:

If you are interested in volunteering, please contact Anne Bennett at annebennett0075@gmail.com.

PHOTO/VIDEO:

The official videographer will be Cinematic Images. A video download of your performance is included in your entry fee. You will be emailed a link to your video 2-3 days following the conclusion of the event.

Professional action photography will be offered through Miracle Moments Photography. Please contact Mira Hayes at mhayes@orda.org with any questions.

ADDITIONAL INFORMATION:

TENTATIVE SCHEDULE

****SUBJECT TO CHANGE BASED ON EVENT ENTRY NUMBERS****

Thursday, June 29th

Juvenile Girls Free Skate
Intermediate, Novice & Junior Women Short Program
Men Short Program – All Levels

Friday, June 30th

Juvenile Girls Free Skate – FINAL ROUND
Intermediate, Novice & Junior Women Free Skate
Senior Women Short Program
Men Free Skate – All Levels (including Excel)
Pairs Short Program – All Levels

Saturday, July 1st

No Test – Pre-Juvenile Girls Well Balanced Free Skate
Excel Free Skate – Girls/Women All Levels
Intermediate & Novice Women Short Program – FINAL ROUND
Intermediate & Novice Women Free Skate – FINAL ROUND
Senior Women Free Skate
Pairs Free Skate – All Levels
Compulsory Moves – All Levels

CONTACT INFORMATION:

Competition website: www.lakeplacidolympiccenter.com

For questions, please contact the following individuals:

Competition Chair:	Mary-Elizabeth Wightman	marye@orda.org	518.302.5395
Chief Referee:	Kathaleen Cutone	cutone@msn.com	617.875.3153