



LAKE PLACID ICE DANCE CHAMPIONSHIPS

Lake Place Ice Dance Championships SC of Lake Placid/NYS Olympic Regional Development Authority Olympic Center/Lake Placid, N.Y. July 31-August 2, 2023

I. COMPETITION OVERVIEW

The Lake Placid Ice Dance Championships will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the [current rulebook](#) as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#).

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules.

Skaters must be a currently registered member of a U.S. Figure Skating member club, a collegiate club or who is an individual member in accordance with the current rulebook. For non-U.S. citizens, please refer to the [rulebook](#) for more information.

SERIES INFORMATION:

- [National Qualifying Series](#)
 - o This competition has been approved as a National Qualifying Series (NQS) event. Phased registration for Juvenile – Senior Ice Dance will be managed separately on EMS, click [here](#) for additional information.
- [Solo Dance Series](#)
 - o This competition has been approved as a Solo Dance Series event.

II. ELIGIBILITY

TEST LEVEL:

As of December 1, 2022, singles athletes may opt to accelerate their test progression within U.S. Figure Skating and thus compete at level(s) best suited for their technical skillset. Athletes must still meet the minimum requirements for each level and additionally, if participating within the National Qualifying Series (NQS) or National Excel Series (Excel), they will establish a [competitive floor](#).

The **competitive floor** is the lowest level an athlete can compete at and is determined only by the level selected through the EMS Series Application for NQS or Excel and is not uniquely tied to competition registration (regardless of series participation).

Eligibility Notes:

1. If an athlete participates in BOTH Excel and NQS, their NQS level may be ONE lower than their Excel level. For example, if an athlete skates Junior Excel, they may skate Novice NQS.
2. The singles free skate test levels will remain as a minimum requirement to compete.
3. Athletes may not skate down in any event.
4. This update does NOT apply to Adult, Showcase and Solo Dance.

If an athlete, coach, parent and/or guardian needs assistance with confirming their eligibility, email events@usfigureskating.org or refer to information sheet [HERE](#).

EVENTS OFFERED:

[Program requirements for the events listed below can be found here: usfigureskating.org – Skate – Compete – Program Requirements](#)

| PARTNERED ICE DANCE | JUDGING | 1st Event Price | 2nd Event Price |
|--|----------------|-----------------------------------|-----------------------------------|
| NQS Combined Pattern Dance/Rhythm Dance and Free Dance | <i>IJS</i> | \$340 | \$340 |
| Pattern Dance (Pre-Juvenile) | <i>IJS</i> | \$195 | \$140 |
| Open Pattern Dance Canasta Tango, Swing Dance, Ten Fox, European Waltz, Rocker Foxtrot, Starlight Waltz, Viennese Waltz, Silver Samba | <i>6.0</i> | \$155 | \$95 |
| Free Dance (Pre-Juvenile) | <i>IJS</i> | \$195 | \$140 |
| SOLO DANCE | JUDGING | 1st Event Price | 2nd Event Price |
| Solo Pattern Dance (participating in series) | <i>IJS</i> | \$195 | \$140 |
| Solo Combined Dance | <i>IJS</i> | \$255 | \$190 |
| Shadow Dance | <i>IJS</i> | \$195 | \$140 |
| Adult Solo Pattern Dance | <i>6.0</i> | \$155 | \$95 |
| Adult Solo Free Dance | <i>6.0</i> | \$155 | \$95 |

OUR COMMUNITY:

U.S. Figure Skating is dedicated to fostering a culture of belonging and community that is welcoming for all individuals. We are committed to championing diversity, equity and inclusion and understand its value in combating discrimination and challenging inequalities necessary to develop champions both on and off the ice. We are actively working toward developing equitable practices and policies that foster safety and empower all individuals to authentically pursue their unique path in all areas of our sport. We stand firmly on the belief that our members are the most important asset to our organization and that our differences are meaningful and strengthen our sport. We believe that skating is for everyone.

NON-DISCRIMINATION:

U.S. Figure Skating commits in policy, principle and practice to sustain a non-discriminatory approach on and off the ice for all members. We strive to provide equal opportunity for all despite their varied backgrounds, experiences and identities, and want all members to feel valued and respected at every level of organization. U.S. Figure Skating's SkateSafe® Program receives, investigates and addresses allegations of discrimination or harassment throughout its membership and the organization. Please refer to the most current [SkateSafe® Program Handbook](#) for further definition of harassment, discrimination and abuse.

By attending this event, all participants are willingly committing to upholding U.S. Figure Skating's Code of Ethics (*GR 1.01*) and Code of Conduct (*GR 1.02*), as detailed within the [U.S. Figure Skating Rulebook](#).

To report a concern of discrimination or harassment to U.S. Figure Skating, please visit www.USFigureSkating.org/SkateSafe or email SkateSafe@USFigureSkating.org.

SKATESAFE® COMPLIANCE:

COACHES

To be an eligible coach at a nonqualifying competition, coaches must meet the applicable compliance requirements and verified by U.S. Figure Skating. Coach compliance falls into three categories, Coach/Choreographer, Learn to Skate USA Instructor, or Foreign Coach/Choreographer. Details regarding compliance requirements can be found [HERE](#). All compliance requirements must be met at the time of check-in to access the competition, no exceptions.

MANDATORY ATHLETES

Athletes age 18+ as of the competition start date who will be competing on a team (i.e., synchro, ice dance, pairs, shadow dance, theatre, etc.) with at least one Minor Athlete must complete SafeSport™ Training. *

Minor athletes who turn 18 mid-season are encouraged to seek parental consent to take the online SafeSport™ Training early to avoid any disruptions in their ability to participate as the training is required upon turning 18. The athlete will not be SkateSafe compliant until they have completed the training and their Members Only portal reflects completion. Please email skatesafe@usfigureskating.org for instructions or questions regarding parental consent.

III. REGISTRATION INFORMATION

ONLINE REGISTRATION VIA EMS :

Online registrations will be accepted via [EMS](#). Payment must be made at the time of registration by credit card only. Each transaction includes a 3% transaction fee.

Registration Deadline: 06/30/2023 at 11:59 PM ET

Late Registration Deadline: 07/05/2023 at 11:59 PM ET + \$50 Late Fee

1. Go to www.usfsaonline.org

2. Enter your U.S. Figure Skating or if Compete USA events are offered, your Learn to Skate USA member number and password
 - a. If you need assistance with your member number and password, contact Member Services at memberservices@usfigureskating.org.
3. Click EMS then “Competition Registration”
4. Choose LAKE PLACID ICE DANCE CHAMPIONSHIPS from the list of nonqualifying competitions.
 - a. If you need assistance completing your registration, contact productsupport@usfigureskating.org.

PARTNERED EVENTS:

Only one partner will complete registration for the team. During the registration process, you will be asked to identify your partner and verify their test information. **The registered partner will be responsible for managing all aspects of the competition for the team including music/PPC upload, practice ice sales, etc.**

FOREIGN SKATERS:

Non-U.S. skaters intending to register for this competition must set up a non-member account prior to registering for the competition ([click here for HOW TO](#)). This can be done by choosing the “Non-Member? Create Account” option on the [Members Only](#) login page.

TEST CREDIT:

You will be able to register for test credit through your skater portal in EMS when competition registration is available. If you need to register for test credit after the close of entries, please e-mail marye@orda.org.

Test credit paperwork will be emailed to anyone who has registered for test credit 2-3 days after the completion of the competition.

FEEDBACK SESSIONS

Post-event feedback sessions as well as on-ice feedback sessions will be offered based on availability. Information will be sent to all skaters and coaches following the release of the official schedule.

MUSIC SUBMISSION/UPLOAD:

EMS MUSIC UPLOAD: Competitors participating in events with music are required to upload their music to EMS no later than **July 21, 2023 at 11:59 PM ET**. After this date, skaters will be locked out of this feature and subject to a **\$25 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

DEADLINE: FRIDAY, JULY 21ST 11:59 PM ET - \$25 LATE FEE

EMS SKATER MUSIC UPLOAD HOW TO: [CLICK HERE](#)

If you need assistance, email productsupport@usfigureskating.org

Competitors must also have available a backup copy of their competition music on a cell phone and it must be immediately available rinkside whenever the skater competes. If the phone does not have the standard round headset connector, an appropriate adapter, such as an Apple Lightning connector or Samsung USB-

C adapter is required to be attached. The phone should be presented to the music person with the file ready to play, phone in airplane mode and volume turned to maximum.

PLANNED PROGRAM CONTENT (PPC) SUBMISSION/UPLOAD – FOR IJS EVENTS ONLY:

EMS PLANNED PROGRAM CONTENT (PPC) – Competitors participating in IJS events are required to submit PPC in EMS no later than **Friday, July 21, 2023 at 11:59 PM ET**. After this date, skaters will be locked out of this feature in EMS and subject to a **\$25 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

DEADLINE: FRIDAY, JULY 21st 11:59 PM ET - \$25 LATE FEE

EMS PPC UPLOAD HOW TO: [CLICK HERE](#)

If you need assistance, email productsupport@usfigureskating.org

REFUND POLICY

Entry fees will not be refunded after entry deadline unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals.

LIABILITY:

U.S. Figure Skating, Learn to Skate USA, Skating Club of Lake Placid and the NYS Olympic Regional Development Authority accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

IV. COMPETITION DETAILS

FACILITIES:

Olympic Center
2634 Main Street
Lake Placid, N.Y. 12946
www.lakeplacidolympiccenter.com

1980 Rink – 85' x 200'
1932 Rink – 100' x 200'
USA Rink – 85' x 200'

Competition events may be held in the 1980 Rink or the 1932 Rink. Practice ice may be held in the 1980 Rink, 1932 Rink or USA Rink.

LOCKER ROOMS AND CHANGING AREAS:

Locker rooms and changing areas will not be available this competition. All athletes are expected to arrive at the arena ready (costumes, hair, make-up etc.). Athletes will be provided with an area to put skates on but changing will not be permitted in these spaces.

U.S. Figure Skating Travel Policy:

All travel must strictly adhere to Two-Deep Leadership requirements. An Adult Participant cannot transport a Minor Athlete one-on-one and Two-Deep Leadership requirements must be adhered to at all times during In-Program travel, by transporting at least two minors or a second Adult Participant. An Adult Participant cannot share a hotel room or other sleeping arrangement with a Minor Athlete(s). Full details of the SkateSafe Travel Policy and any exceptions can be found starting on page 12 of the [SkateSafe Handbook](#).

OFFICIAL WEBSITE & UPDATES:

Event information can be found in your EMS portal as well as on www.olympiccenterlakeplacid.com. We will also email any important updates so please make sure productsupport@usfigureskating.org is in your contacts so that our emails do not go to your junkmail. It is the responsibility of each competitor, parent and coach to check the website frequently for any schedule changes and/or additional information pertaining to the competition.

Results will only be posted online.

SCHEDULE

Competitors may be scheduled on any day or time during the announced dates of the competition. The competition and practice ice schedule will be available after the close of entries. All participants will be notified via email once available.

PRACTICE ICE:

The practice ice schedule will be available shortly after the publication of the official competition schedule. Skaters will be able to purchase practice ice at that time through open sales on EMS.

EMS (SKATER) PRACTICE ICE RESOURCES:

- **Skater:** [Open Sales](#)

ONSITE CHECK-IN:

Check-in will open on Sunday, July 30th. On-site check in hours and location will be communicated to all athletes and coaches after the competition schedule is released.

AWARDS:

Medals will be awarded for placements 1st – 3rd. An awards ceremony schedule will be emailed to participants after the competition schedule is finalized. Anyone unable to attend their scheduled awards ceremony will be able to pick up their medal at the registration desk.

VOLUNTEER INFO:

If you are interested in volunteering, please contact Christie Sausa at clsausa1@gmail.com

PHOTO/VIDEO:

The official videographer will be Cinematic Images. A video download of your performance is included in your entry fee. You will be emailed a link to your video 2-3 days following the conclusion of the event.

Professional action photography will be offered through Miracle Moments Photography. Please contact Mira Hayes at mhayes@orda.org with any questions.

CONTACT INFORMATION:

Competition website: www.olympiccenterlakeplacid.com

For questions, please contact the following individuals:

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|--------------------|-------------------------|--|--------------|
| LOC Chair: | Mary-Elizabeth Wightman | marye@orda.org | 518.302.5395 |
| Competition Chair: | Kathaleen Cutone | cutone@msn.com | 617.875.3153 |
| Chief Referee: | Susan Keogh | keoghcrew@gmail.com | 203.912.1665 |