

2021 LAKE PLACID NORTH AMERICAN CUP

Men's & Women's Bobsled & Skeleton

Women's Monobob

January 28 – February 5, Lake Placid, NY USA



**NYS Olympic Regional Development Authority – Mt. Van Hoevenberg – Lake Placid Sliding Center
COVID-19 Prevention Guidelines**

RACE ORGANIZER

Name: NYS Olympic Regional Development Authority

Venue Name: Lake Placid Sliding Center @ Mt. Van Hoevenberg

Event Dates: IBSF Bobsled & Skeleton North America's Cup January 28th – February 5th, 2021

Head of the Organization: Jeff Potter

Address: 220 Bobsled Run Lane, Lake Placid, NY 12946

Cell Phone: (518)524-0757

Office Phone: (518)302-5311

Email: JPotter@orda.org

IBSF COVID-19 Coordinator: Nicola Minichiello / Nicola.minichiello@ibsf.org

Race Organizer COVID-19 Coordinator: Deb Pica / DPica@orda.org

PLANNED EVENT TESTING & DAILY HEALTH SCREENING CHECK

Please reference appendix 1 for testing details.

Please reference appendix 2 for event scheduling.

New York State Mandatory Pre-Arrival Testing

All travelers from a noncontiguous state, US territory or CDC level 2 and higher country wishing to test out of the mandatory 10-day quarantine complete the following steps:

- Obtain a Covid test (any form) within 72 hours (3 days) of departure and prior to arriving in New York State.
- A copy of your test result must also be emailed to DPica@orda.org prior to arrival.
- Upon arrival to New York the traveler must quarantine for a period of 72 hours (3 days).
- On the fourth day of quarantine, the traveler must obtain second Covid test.
- If both tests come back negative, the traveler may exit the 10-day quarantine early upon receipt of the second negative test.

This is a mandatory policy implemented by New York State, any travelers who do not adhere to the above will not be permitted to participate in the NAC or enter ORDA venues. Additional New York State Guidelines and recommended pre-arrival testing schedule can be found in appendix 1.

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Event Testing

Before the first day of the competition week, Thursday January 28th for the bobsled event and Monday February 1st for the Skeleton event, the race organizer will administer an antigen test with the results being known no less than 9:00 the next morning. Additionally, there will be a second antigen test during the bobsled event on Monday February 1st, with the results being known no less than 9:00 the next morning.

This event testing includes all athletes, teams, coaches, team support staff, IBSF officials, volunteers, race directors and RO staff. With the test showing negative result, the respective person will be able to take part in the competition and/or have access to the venue. In the circumstance of a positive event test result the participant must be isolated and follow local health authority, IBSF and race organizer guidelines.

All tests will be administered on the first floor of the Olympic Jumping Complex Intervales Lodge.

Daily Health Screening Checks

Daily health screen logs are required before any participant is allowed access the venue. The race office will track compliance prior to said participants arrival. Before entering the venue all participants must log on and complete the [1Risk Health Screening App \(HSA\)](#). This app can also be found on the Mt. Van Hoevenberg website. Please note, when filling this form out, NAC Bobsled and Skeleton is the last activity listed.

Anyone who fails the screening will be declined access to the venue, directed to receive a medical check and isolate immediately from the rest of their group. The Local Hygiene Officer will inform the IBSF to decide if further precautionary measures need to be taken.

Participants required to complete daily health screenings include, but are not limited to, athletes, teams, coaches, team support, IBSF officials, volunteers, Race Directors and RO staff.

Non-Compliance of IBSF and Race Organizer COVID-19 Prevention Guidelines

The Race Organizer reserves the right to refuse venue access to any participant not following the applied local health authority, IBSF and race organizer COVID-19 prevention guidelines.

ORGANIZATION OF THE TEAM MEETINGS, RACE OFFICE AND INDOOR SPACES

Team Captains Meetings & Race Draws: All meetings and draws will be conducted online via ZOOM. The IBSF Coordinator Nicola Minichiello will communicate the ZOOM link to the Team Captains.

<i>Race Office</i> Located at Lower Finish building:	288 sq. ft 5 People 2 Access Points
<i>Start House 1st Floor:</i>	1344 sq. ft Capacity 1 Access Point
<i>Start House 2nd Floor:</i>	1344 sq. ft Capacity 2 Access Points
<i>1980 Start House:</i>	570 sq. ft Capacity 1 Access Point
<i>Start 3 House:</i>	874 sq. ft Capacity 2 Access Points
<i>Upper Finish building:</i>	288 sq. ft Capacity 2 Access Points
<i>Scale House:</i>	510 sq. ft Capacity 1 Access Point

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GENERAL OPERATIONAL MEASURES

Cleaning

Venue cleaning staff will follow all approved protocols to disinfect surfaces, door handles, toilet handles, bathroom faucet handles, etc. in all areas several times per day. All areas are to receive a nightly deep cleaning.

Parking and Parking Passes

Bobsled Teams will be picked up at the Bobsled Sled Garage

General parking located in lots 3 and 4.

Both bobsled and skeleton teams are to receive one parking pass per team for the following locations:

1980 Start

Start #3

Sled Truck Transportation

Up to four of participants on the same team can ride in the sled transportation trucks together. All participants are required to wear a face covering.

Start House / Finish House

Teams will be allocated to a start house, following the team captains meeting.

Face coverings must always be worn inside the start and finish houses. Athletes are not allowed to warm up in the start house if it causes heavy breathing. The start and finish houses will be prepared to encourage social distancing with at least 6 feet between participants.

Officials, Coaches and volunteers are not permitted in start and finish houses or on transport trucks.

Moving Sleds/Equipment

Athletes are expected to be responsible for their own equipment. Assistance may come from team members only. There will be no sharing of helmets, equipment, or clothing.

Warmups and Cool Downs

Maintain social distancing when possible. Face coverings must always be worn. Athletes should not warm up or cool down indoors.

Training

Training times may be modified based on the numbers of participants. If more than one group exists an extra 30 minutes will be allotted between groups to allow for cleaning and disinfection of rooms and equipment. Face coverings are always required, with the only exception being when an athlete is in the act of sliding thus wearing a helmet with visor. Participants should limit their time on venue to the minimum duration.

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Video and Coaching at the Track

Coaching should be kept brief. It is recommended that video viewing be conducted off-site. Coaching sessions should follow social distancing guidelines and utilization of face coverings.

Sports Medicine and Treatments

Sports medicine treatment should be conducted off-site unless medically essential while at the venue. Medical interactions should follow social distancing guidelines and utilize face coverings.

Crashes

In the event of a crash, onsite medical staff will evaluate said athlete(s) to determine whether further medical services are needed. If athletes are cleared to return to the race they must be transported by their team or via sled truck. This is to limit exposure to medical staff and athletes.

Track Crew

Track Crew are always required to socially distance, always wear a face covering, take event Covid tests and complete daily health screening. Track Crew will make every effort to minimize contact with athletes, teams, officials and volunteers.

Volunteers

Volunteer numbers will be limited and based on need for training and race days. Volunteers will always be required to socially distance and wear a covering. Volunteers will be required to take the event tests and complete daily health screenings.

General Spectators, Friends and Family

General spectators and Friends & Family are not permitted access to the Lake Placid Sliding Center during the NAC.

Restricted Areas at Mt. Van Hoevenberg

Apart from the Lake Placid Sliding Center, all participants of the NAC are prohibited from entering the following areas at Mt. Van Hoevenberg:

Mountain Pass Lodge
Nordic Ski Trails
Cliffside Mountain Coaster

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Appendix 1: Testing Details

Pre-Arrival to New York State Recommended Testing Schedule in Park City:

Sled Mechanics: Monday, January 18th 7:00pm

Bobsled: Friday, January 22nd 10:00am

Skeleton: Tuesday, January 26th 9:00am

A copy of each participants negative test result must be emailed to DPica@orda.org by 10:00am the following day of the test.

You may find additional New York State COVID-19 travel information [HERE](#)

Event COVID-19 Testing Information

The Olympic Regional Development is committed to the health and safety of the IBSF athletes, coaches, support staff, race organizing staff and the local community. The below information will summarize the test kit used, test result reporting, and scheduling for the IBSF North American Cup.

Test Kit

Rapid Antigen Tests Kits will be utilized for all testing. You may find more information relating to this type of testing on the [CDC's website](#).

Positive Antigen Test Results

If a participant produces a positive result, they take the following steps:

- a. Immediately quarantine in their respective lodging quarters
- b. Take a PCR test
- c. If PCR test is positive, National Team and Local Hygiene Officers will contact Department of Health for next steps.

Test Reporting

Test results will be released to IBSF and communicated to Team leaders and their Hygiene Officers for communication to their athletes and staff, except for a positive result(s). In case of a positive result, the individual will be contacted directly by the Local Hygiene Officer. Team leaders, and race organizing committee will then be notified and emergency action protocols will be implemented. In accordance with New York state law, the local Health Department will be notified of the positive test result by the Local Hygiene Officer. Contact information of the infected person will be given to the authorities so that they can begin contact tracing.

Cost

The cost of the rapid antigen test is \$105/person, plus a \$200/day staffing fee. This includes all test kits, sample collections and results.

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Appendix 2: Event Scheduling

Monday, January 25

Bobsled Arrival & 72 Hour Quarantine	All Day	Lodging Quarters
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Tuesday, January 26

Bobsled 72 Hour Quarantine	All Day	Lodging Quarters
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Wednesday, January 27

Bobsled 72 Hour Quarantine	All Day	Lodging Quarters
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Thursday, January 28

TCM- Bobsled	13:00 (Approx.)	Remote via Zoom
Covid Testing- Bobsled	18:00	OJC Intervales Lodge

Friday, January 29

Skeleton Arrival & 72 Hour Quarantine	All Day	Lodging Quarters
Track Walk	09:00-10:00	LPSC
Bobsled Official Training – 3 Runs	11:00-14:00	LPSC

Saturday, January 30

Skeleton 72 Hour Quarantine	All Day	Lodging Quarters
Track Walk	09:00-10:00	LPSC
Bobsled Official Training – 3 Runs	10:00-13:00	LPSC

Sunday, January 31

Skeleton 72 Hour Quarantine	All Day	Lodging Quarters
Track Walk	09:00-10:00	LPSC
Bobsled Official Training – 2 Runs	10:00-12:00	LPSC
TCM/Draw- Bobsled	14:00	Remote via Zoom

Monday, February 1

2-Man Bobsled Race #4 Women's Mono Race #4	10:00-12:00	LPSC
Women's Monobob Awards	Immediately after race	Finish Deck
Skeleton TCM	15:00 (Approx.)	Remote via Zoom
Bobsled Covid Testing	18:00	OJC Intervales Lodge
Skeleton Covid Testing	19:00	OJC Intervales Lodge

Tuesday, February 2

Track Walk	08:00-09:00	LPSC
Skeleton Official Training – 3 Runs	09:00-12:00	LPSC
2-Man Bobsled Race #5 Women's Mono Race #5	13:30-15:30	LPSC
Awards: 2-Man and Women's Mono	Immediately After Race	Finish Deck

Wednesday, February 3

Track Walk	08:00-09:00	LPSC
Skeleton Official Training – 3 Runs	09:00-12:00	LPSC
4-Man & 2-Woman Bobsled Race #4	13:30-15:30	LPSC
Skeleton TCM/Draw	14:00	Remote via Zoom

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Thursday, February 4

Men's & Women's Skeleton Race #4	09:00-12:00	LPSC
4-Man & 2-Woman's Bobsled Race #5	13:30-15:30	LPSC
Awards: 4-Man & 2-Woman	Immediately After Race	Finish Deck

Friday, February 5

Men's & Women's Skeleton Race #5	09:00-12:00	LPSC
Awards: Men's & Women's Skeleton	Immediately After Race	Finish Deck